



Saint Francis de Sales Catholic Church

**“Let us remain
therefore in peace
and serve God,
to be his in this mortal life,
and still more his
in the eternal.”**

Thirtieth Sunday in Ordinary Time October 25, 2026

Distractions

“Don’t pray at Mass. Pray the Mass.” That piece of advice disoriented many Catholics in the 1960s when the Church invited us to take a different role at Mass. Catholics used to go to church carrying prayer books and rosaries so they could say their own prayers while Mass was going on. They were asked to set aside many of the prayers they used to say privately in order to take part in the prayer going on around them publicly. When you visit someone, you do not immediately pick up the phone to visit someone else. Having a conversation is good, but having the wrong one will distract us. While at Mass we don’t avoid prayer; we take part in a specific prayer. Distractions come in many other forms, too. You will find people reading the bulletin, balancing their checkbook, cutting their nails, and adjusting their makeup during the homily, the Scripture readings, or the Eucharistic Prayer. Occasionally a cellular phone rings. Sometimes it belongs to the priest! If he answers it, you know that distractions have gotten way out of hand.

Sometimes we bring our own distractions. You may come to church with the intention of joining in the prayer, but your mind begins to wander to the events of the day ahead, the memory of the day past, the fears you harbor, the loves you enjoy, the appearance of the church or the behavior of worshipers. Nonetheless, our common goal is to pray the Mass. It is hard, but two activities will help: preparation at home and concentration at church. At home, you can prepare for Mass by reading the Scriptures beforehand and making time for personal prayer. Then when you arrive at church, the skills you honed at private prayer will enhance your communal prayer. During the Mass, concentrate on the texts you say or sing. Think about the meaning of the words. Listen attentively when one of the ministers speaks. Observe the silences with reverence. Distractions will be fewer when our preparation and concentration grow stronger.



ST. FRANCIS DE SALES PARISH

WHERE THE UPPER EAST SIDE AND EAST HARLEM MEET

WEEK 2 | OCTOBER 25 – 31 | 30TH SUNDAY IN ORDINARY TIME (CYCLE A)

I SUPPORT OUR MISSION

Support the parish that supports
your life of faith today.

*“You shall love the Lord, your God...
You shall love your neighbor as yourself.”*
— Matthew 22:37, 39



Dear Parish Family,

In today's Gospel, Jesus reminds us that the greatest commandments are to love God and to love our neighbor. Christian giving grows out of that love. We give not simply to meet expenses, but because we believe in the mission of the Church and want to help it flourish.

St. Francis de Sales is the place where we gather for the Eucharist, grow in faith, welcome others, serve our neighborhood and keep the Gospel alive in this corner of the city. Everything that happens here depends on the generosity of parishioners who believe this mission matters.

However long you are here, you can strengthen this community through your support. Regular giving—especially online giving—helps our parish plan responsibly, sustain ministry and continue serving the Upper East Side and East Harlem with hope and faith. Online giving also provides dependable support week after week, even when attendance changes, so the parish can serve today and prepare for tomorrow. Giving to the parish is not only practical; it is a way of loving God and neighbor through concrete commitment.

WHY GIVE TO THE PARISH?

Because love becomes real when we support the mission we share.

Your gift helps make worship, faith formation, outreach, hospitality, music, children's ministry and the daily life of the parish possible. Consistent giving—especially through regular online giving—allows St. Francis de Sales to serve today and prepare for tomorrow.

GIVE TO THE PARISH

Consider [regular online giving](#).

FOR REFLECTION

- How does my giving reflect my love for God and neighbor?
- In what concrete way can I help sustain the mission of this parish?

*“Support the
parish that
supports your
life of faith
today.”*

*Your generosity
becomes part of
God's work in this
community.*





ST. FRANCIS DE SALES PARROQUIA

DONDE SE ENCUENTRAN EL UPPER EAST SIDE Y EL EAST HARLEM

SEMANA 2 | 25 - 31 DE OCTUBRE | 30º DOMINGO DEL TIEMPO ORDINARIO (CICLO A)

APOYO NUESTRA MISIÓN

Apoye la parroquia que sostiene
su vida de fe hoy.

*“Amarás al Señor, tu Dios...
y amarás a tu prójimo como a ti mismo.”*

— Mateo 22,37. 39



Querida Familia Parroquial,

En el Evangelio de hoy, Jesús nos recuerda que el mayor de los mandamientos es amar a Dios y amar al prójimo. La generosidad cristiana nace de ese amor. No damos simplemente para cubrir gastos, sino porque creemos en la misión de la Iglesia y queremos que siga dando frutos.

San Francisco de Sales es el lugar donde nos reunimos para la Eucaristía, crecemos en la fe, acogemos a los demás, servimos a nuestro vecindario y mantenemos viva la Buena Noticia en esta parte de la ciudad. Todo lo que aquí sucede depende de la generosidad de quienes forman parte de esta misión.

Sin importar cuánto tiempo lleve aquí, usted puede fortalecer esta comunidad con su apoyo. Las donaciones regulares —especialmente las donaciones en línea— nos ayudan a planificar de manera responsable, sostener los ministerios y continuar sirviendo al Upper East Side y al East Harlem con esperanza y fe. Dar a la parroquia no es solo algo práctico, es una forma concreta de amar a Dios y al prójimo.

¿POR QUÉ DAR A LA PARROQUIA?

Porque se vuelve algo real cuando apoyamos juntos esta misión.

Su donación ayuda a hacer posible la adoración, la formación en la fe, el servicio a los demás, la hospitalidad, la música, el ministerio con niños y la vida diaria de la parroquia. Las donaciones regulares permiten que San Francisco de Sales sirva hoy y se prepare para el futuro.

*“Apoye la
parroquia que
sostiene su
vida de fe hoy.”*

*Su generosidad
se convierte en
parte de la obra
de Dios en esta
comunidad.*

DONE A LA PARROQUIA

Considere hacer una [donación regular en línea](#).



PARA REFLEXIONAR

- ¿Cómo refleja mi donación mi amor por Dios y por el prójimo?
- ¿De qué manera concreta puedo ayudar a sostener la misión de esta parroquia?

PRAY WITH US



MASS~LA MISA

SUNDAYS:

9:00am, 11:00am,
12:30pm Spanish

MONDAY, TUESDAY,
THURSDAY FRIDAY:
8:30am

THE ROSARY

prayed
after the 8:30 AM Mass
during the week.
All are welcome to pray with us.

VISITS TO THE BLESSED SACRAMENT

(Praying in Church)
WEEKDAYS 9am - 4pm

MASS INTENTIONS

Sunday, Oct 25, 2026

9:00am--Evelyn Rosario (D)

11am-For the parish of St. Francis de Sales

12:30pm-Leonila Cruztitla Ortiz (D)
Alfredo Cabello (D)

Monday, Oct 26, 2026

8:30AM--Sister Maryellen Ryan (D)

Tuesday, Oct 27, 2026

8:30am-Roman & Vasiliy Nikiporenok (D)

Thursday, Oct 29, 2026

8:30am-

Friday, Oct 30, 2026

8:30am- Robinson Barranda, Sr. (D)

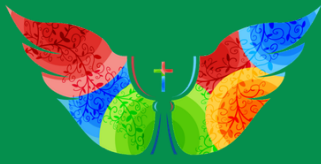
FOR THOSE WHO ARE SICK

Peter Ney
Kathleen Schultheis
Dawn Roberts

for our loved ones,
for those in hospitals
and nursing homes
for those who have no one
to pray for them

FOR THOSE WHO HAVE DIED

Robert Petitto, Sr.
Miguel Cruz
Jose Crews



SACRAMENTS

BAPTISM OF INFANTS

The Baptism of a Child is an important event in the life of a family and the life of the Church.

We encourage registered active members of the parish to contact us to begin preparation.

We ask that this begins two months before the intended Baptism date.

Baptisms are celebrated at Sunday Mass once a month.

COMMUNION TO THE HOMEBOUND

If you or someone you love is unable to attend Mass due to serious illness or limited mobility, and are homebound, our parish ministers are ready to bring Holy Communion to them with prayer and care.

PENANCE AND RECONCILIATION (Confession)

If you would like to celebrate the Sacrament of Penance and Reconciliation, our priests are available before and after Mass or by appointment for a quiet, prayerful, and personal encounter with God's mercy.

For more information, please contact the Parish Office



STEWARDSHIP

WEEKLY GIVING

October 14th-October 19th

\$4,679.99 online debit giving

\$1,388.00 Sunday collection basket, mailed in Checks

TOTAL \$6,067.99



Tithely

ONLINE GIVING



venmo

PARISH MEETINGS AND MINISTRIES

THE ROSARY

The Rosary is prayed
after the 8:30 AM Mass during the week.
All are welcome to pray with us.

FAITH TALKS

Those interested in becoming Catholic ,
seeking Confirmation
or anyone with questions
Mondays at 7:00 PM in the Church Office

PARISH CHOIRS

11:00 Mass Choir rehearses
Sunday at 10:00 AM
El coro de la misa de 12:30
contact Travis Bloom
at travisbloom@sfdsnyc.org

CHILDREN'S RELIGIOUS EDUCATION

Sunday, October 25
Sunday, November 1
10:00-11:00 AM
in the Parish Hall

BOOK CLUB

"Child of These Tears" by Molly McNett.
Monday, November 9 via Zoom
Contact Mary Braza at
brazamary@gmail.com

SOCIAL JUSTICE MINISTRY

Contact Pat Latona at latonapal@gmail.com

YOUNG ADULT GROUP -20 and 30 year olds

Bible Study--Wednesday, October 28
7:00 PM, Parish Hall

HOPE WALK

Saturday, November 14
10:00 AM in the Parish Hall

GRUPO DE JOVENES ADULTOS

27 de octubre de 7:00 PM
en la salón parroquial

NEW LITURGICAL MINISTERS

For more information
contact Joe Long
joelong@sfdsnycorg

THE ASSOCIATION (Daughters) OF ST. FRANCIS DE SALES

Sunday, November 22
1:45 PM in the Church Office

Safe Environment Reminder

For the safety of all our children, parents and guardians must accompany children whenever they leave the church to use the restrooms in the Parish Hall, and remain with them until they return to the church.

Thank you for helping us maintain a safe and welcoming environment for the children and families of our parish.

You are part of our story.

Whether you have been here for years or just for a season, you belong here. Registering in the parish is a simple way to say, "I'm part of this community."



<https://stfrancis96.org/register>

Why register in the parish?

You belong.

Registering helps us know you, welcome you and stay connected with you.

It strengthens our community.

Your registration helps us plan ministries, programs and support that meet the real needs of our neighborhood.

It keeps you informed.

You'll receive important parish news, events and opportunities to grow in faith and service.

It matters for the future.

Our parish numbers are used in planning and decisions that affect the life of our parish and our neighborhood.

Your presence matters now.

No matter how long you are here, you are part of this community's story, and we are grateful you are with us.

Register
TODAY!

ONLINE GIVING

A simple way to support the life and mission of our parish.

Your gift helps St. Francis de Sales continue its prayer, service, outreach, and welcome. Online giving makes it easy to support the parish faithfully and consistently.

Why give online?

- 1 It is simple and secure.
- 2 It helps the parish plan and budget more responsibly.
- 3 It supports the parish even when you are away.
- 4 Recurring gifts provide steady support for ministry and daily operations.
- 5 It is a practical way to care for the parish and its future.

Your gift makes a difference

Every contribution helps sustain worship, faith formation, hospitality, service, and the ongoing life of our parish community.

Set up your gift online today

Visit: stfrancis96.org



Thank you for your support.

LUX AETERNA

Memory, Hope, Prayer and Music



The Evening of All Saints Day and the Vigil of All Souls

SUNDAY, NOVEMBER 1

6:00 PM



SAINT FRANCIS DE SALES CHURCH

135 EAST 96TH STREET, NEW YORK, NY



ALL ARE WELCOME



WHY CATHOLICS VOTE

Faithful Citizenship as a Christian Responsibility

Voting may seem like something that belongs only to politics. For a Catholic, however, it also touches our faith, our responsibility for one another, and our commitment to the common good.

Our faith cannot be confined to what happens inside the church building. At Baptism, we became disciples of Jesus Christ. We are called to carry the Gospel into our homes, workplaces, neighborhoods—and into the life of our community and nation.

The Church therefore describes responsible citizenship as a virtue and participation in public life as a moral responsibility.

VOTING IS ABOUT OUR NEIGHBOR

Jesus commands us to love God and to love our neighbor.

When we vote, we are making decisions that affect people we may never meet: children and families, the poor and vulnerable, immigrants and refugees, workers and employers, the sick and elderly, victims of violence, the unborn, people struggling to find housing, and generations who will inherit the world we leave behind.

Catholic voting cannot simply be about:

“What is best for me?”

Our faith asks a larger question:

“What contributes to the good of all?”

That is what the Church calls the common good.

FORM YOUR CONSCIENCE — DON'T SIMPLY FOLLOW IT

We often hear people say, “Just follow your conscience.”

Catholic teaching goes further.

We have a responsibility to form our conscience.

That means praying, listening to Scripture, learning the teaching of the Church, seeking reliable information, examining the issues carefully, and honestly questioning our own assumptions.

Conscience is not simply a feeling, a preference, or permission to do whatever we already wanted to do. It is the place where we prayerfully seek what is true and good and then accept the responsibility to act upon it.

WE ARE CATHOLIC BEFORE WE ARE PARTISAN

No political party completely represents Catholic teaching. Our faith should therefore shape our politics rather than allowing our politics to reshape our faith.

Being a faithful citizen sometimes means allowing the Gospel to challenge the party, candidate, or political movement with which we normally identify.

Catholic social teaching asks us to look seriously at the dignity of every human person, the protection of human life, the needs of the poor and vulnerable, justice, peace, religious liberty, family life, economic dignity, care for creation, solidarity, and the common good.

These questions cannot always be reduced to a slogan or a single campaign advertisement. Nor does Catholic teaching pretend that every moral question has exactly the same weight. Faithful citizenship requires serious discernment.

TAKE YOUR VOTE TO PRAYER

Before entering the voting booth, consider asking:

- Have I prayed about my vote, or only reacted to what I have heard?
- Have I learned what candidates actually propose and have done?
- Am I considering the dignity and well-being of others, especially those who are vulnerable?
- Is my political party forming my conscience more than the Gospel is?
- Can I make this decision before God with humility, honesty, and concern for the common good?

AND AFTER ELECTION DAY...

Christian responsibility does not end when we leave the voting booth. We are still called to listen to one another, speak truthfully, reject hatred and contempt, advocate for justice, serve our neighbors, hold elected officials accountable, and work together for the good of our community.

Some Catholics will reach different political judgments even while sincerely seeking to live their faith.

We can disagree without ceasing to recognize one another as brothers and sisters.

We do not vote because politics is our salvation.

We vote because loving our neighbor requires us to care about the kind of society we are building together.

A PRAYER BEFORE VOTING

Lord, form my conscience in your truth.
Free me from fear, anger, selfishness, and prejudice.
Help me to see the dignity of every person,
to remember those whose voices are easily forgotten,
and to seek not simply my own interests
but the good of our whole community.
Give me wisdom to discern,
courage to act,
and charity toward those who choose differently.
Amen.

ST. FRANCIS DE SALES
YOUNG ADULTS

Young Medical Professionals GATHERING

Faith • Spirituality • Support • Community • Networking

We invite young adults in their 20s and 30s in the medical field to join us in offering support, building community, and networking — or simply to meet new people.



Thursday,
November 5, 2026



7:00 PM



St. Francis de Sales
Parish Hall



Presenter: **Dr. Mary Braza**
Living Your Faith at Work for Medical Professionals



Conversation for the Evening

How can we bring our Catholic faith into our daily work as medical professionals? Join Dr. Mary Braza for a conversation about the opportunities and challenges of living our faith in nursing and medical practice. Come prepared to share your experiences, exchange ideas, and explore how faith can shape the way we care for others.



Speaker Bio

I am a family physician who works in a community health clinic in East Harlem. We see people from all over the world. I've been practicing for almost 40 years now. I try hard to improve the health of families I care for and try to treat everyone with kindness and respect.



*Faith
Heals
Through People*

If interested, scan the QR code
and complete the form. 



SCAN TO REGISTER

Faith Talks.

A PLACE FOR QUESTIONS,
CONVERSATION, AND DISCERNMENT.

Come as you are.
Leave with more understanding.

Ask your questions.
Share your thoughts.
Listen to others.
Grow in faith together.

WHO IS FAITH TALKS FOR?



People thinking about becoming Catholic



Catholics returning after being away



Baptized Christians wondering about the Catholic Church



Parishioners wrestling with questions of faith



Catholics who never completed Confirmation or First Communion



Someone simply curious and not ready to make any commitment



MONDAY
NIGHTS



7:00 PM



IN THE
CHURCH OFFICE.

Questions are welcome. Everyone belongs.
We'd love to see you there!

Join the Choir!

RAISE YOUR VOICE • LIFT OUR PRAYER • BUILD COMMUNITY

*Music is a prayer
that brings us together
and helps our whole community
encounter God.*

**11:00 AM
Mass Choir**

All are welcome!
Share your voice and help lead
our parish in prayer.

ALL VOICES • ALL AGES • ALL ARE WELCOME

**Coro de la Misa
de 12:30 PM**

¡Todos son bienvenidos!
Comparte tu voz y ayuda a guiar
nuestra comunidad en la oración cantada.

TODAS LAS VOCES • TODAS LAS EDADES • TODOS SON BIENVENIDOS

Contact Travis Bloom, Director of Music Ministry at travisbloom@sfdsnyc.org

Please note the location

Facing the Holidays After the Loss of a Loved One

SEVENTH ANNUAL MORNING OF REFLECTION

"How can I be thankful when I'm grieving a loss?"

"How can I celebrate Christmas with a broken heart?"

"How do I get through this holiday season without them?"

"What can I look forward to in the New Year?"

If you are grieving the loss of a loved one, the holiday season can be especially painful. Expectations, seasonal events, and the celebrations of those around us often collide with our loss and sadness. Join us for this morning of prayer, reflection, journaling, and ritual rooted in our Christian faith. Find comfort, hope, and practical suggestions for navigating the holiday season.

MAIN SPEAKER:

FR. JAMES O'SHEA, C.P

Fr. Jim is a weekend associate at our parish, and is on sabbatical from his role as Provincial of the Passionist Province of St. Paul of the Cross. A graduate of Fairfield University, Catholic Theological Union, and Fordham University, he has extensive experience in the development of community-based organizations addressing urgent community needs. Currently a resident of the Catholic Worker House here in Manhattan, he has a passion for pastoral care of the marginalized in our society.



SATURDAY, NOVEMBER 14, 2026

8:30 AM through the 12PM mass

St. Monica's Church: 413 E. 79th St. (Between 1st and York Ave)

ALL ARE WELCOME, RSVP Required.

Please scan QR code —————→
or email Maryann Tyrer at mtyrer@stelmo79.org



OUR PARISH STAFF * NUESTRO PERSONAL PARROQUIAL



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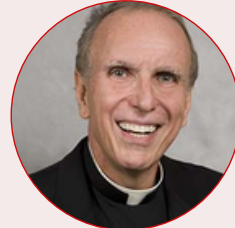
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REV. ANTHONY CIORRA
Weekend Associates



REV. JOHN SWOPE, S.J.
Weekend Associates

OUR PARISH COUNCIL * NUESTRO CONSEJO PARROQUIAL



James Sayer
Pat Latona
Mike Aleman
Joe McQuarrie

Francisco Gallegos
Pamela Robinson
Lisa Kelly
Fr. Phil Kelly

OFFICE HOURS~HORARIO DE OFICINA

MONDAY - FRIDAY 9am - 5pm

SUNDAY 10am - 2pm

CHURCH HOURS

WEEKDAYS 9am - 4pm

**CONNECT
WITH US**



**Síguenos
en las redes sociales**



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New York, NY 10128



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www.stfrancis96.org